

## ABOUT THE COURSE

The course covers all the "Required Core Training Content" of the Attachment-Focused Treatment Institute and Dyadic Developmental Psychotherapy Institute. Completion of this course will allow the applicant to enter the practicum to become a Certified Dyadic Developmental Psychotherapist by the Attachment-Focused Treatment Institute. The use of Self-Study training will allow you to learn how to use Dyadic Developmental Psychotherapy in your work. You will study at your own pace. A series of DVDs present lectures and examples of treatment sessions. Participants will complete a small set of questions at the end of session, eight in total that will be reviewed to ensure that the goals and objectives of each unit are fully understood..

The course is approved by the Attachment-Focused Treatment Institute, which is a program of the Academy of Human Development, a Singapore based University. Completion of the workshop allows the participant to enter into the Practicum to become certified as an Attachment-Focused Psychotherapist, Attachment-Focused Family Therapist, or Attachment-Focused Professional in Dyadic Developmental Psychotherapy.

Early deprivation, neglect, abuse, significant early health problems and hospitalizations, repeated moves, or more than one year in an orphanage can create problems that require specialized treatment. This course will provide therapists and other professionals with an opportunity to learn and practice effective treatment methods for trauma-attachment disordered children.

**Dyadic Developmental Psychotherapy** is an evidence-based, effective, and empirically validated treatment that is grounded in current thinking and research on the etiology and treatment of Complex Trauma or Developmental Trauma Disorder and disorders of attachment. Treatment is primarily experiential and there is an important teaching element as well. Teaching parents about attachment-facilitating parenting methods and the importance of attunement and responsive, sensitive parenting is essential. Direct work with the parents regarding their own family or origin issues is another component of treatment. Finally, intensive emotional work with the child in a manner consistent with sound treatment principles is vital.

## CENTER FOR FAMILY DEVELOPMENT

*The Center For Family Development* is an internationally recognized treatment and training center specializing in helping adopted and foster families with trauma and attachment disordered children. The Center is a registered agency with the Association for Treatment and Training in the Attachment of Children, trains professionals in the application of Dyadic Developmental Psychotherapy, and certifies practitioners of Attachment Focused Therapy and Attachment Focused Family Therapy.

**Arthur Becker-Weidman, Ph.D.** received his doctorate in Human Development from the University of Maryland, Institute for Child Study. He achieved Diplomate status from the American Board of Psychological Specialties in Child Psychology and Forensic Psychology. He was a Vice-President of the Association for the Treatment and Training in the Attachment of Children and Founding member and First President of the Dyadic Developmental Psychotherapy Institute. His is a certified Dyadic Developmental Psychotherapy Therapist, Consultant, and Trainer. Art is Director of the Attachment-Focused Treatment Institute, a joint program of the Academy for Human Development, a Singapore University, and the Center for Family Development. Art is an adjunct Clinical Professor at SUNY at Buffalo. He has published over a dozen scholarly papers and regularly presents at international and national conferences. Art consults with psychologists, social workers, marriage and family therapists and several child treatment agencies, school districts, departments of social services, and governments in Australia, Bermuda, Canada, Czech Republic, Finland, Hong Kong, Slovakia, Singapore, Taiwan & the United States.

### EVIDENCE-BASIS FOR TREATMENT

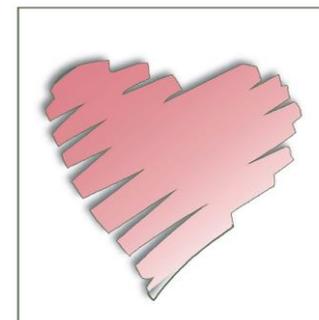
\* Becker-Weidman, A., (2006) "Treatment for Children with Trauma-Attachment Disorders: Dyadic Developmental Psychotherapy," *Child and Adolescent Social Work Journal*. Vol. 23(2), 147-171.

\* Becker-Weidman, A., (2006) "Dyadic Developmental Psychotherapy: A multi-year Follow-up," in, *New Developments In Child Abuse Research*, Stanley M. Sturt, Ph.D. (Ed.) Nova Science Publishers, NY, pp. 43 – 61.

\* Becker-Weidman, A., (2007). "Treatment For Children with Reactive Attachment Disorder: Dyadic Developmental Psychotherapy," <http://www.center4familydevelopment.com/research.pdf>

\* Becker-Weidman, A., & Hughes, D., (2008) "Dyadic Developmental Psychotherapy: An evidence-based treatment for children with complex trauma and disorders of attachment," *Child & Adolescent Social Work*, 13, pp.329-337.

\* Craven, P., & Lee, R., (2006) Therapeutic Interventions for Foster Children: A Systematic Research Synthesis, *Research on Social Work Practice*, 16(3):287-304.



# Attachment Focused Treatment: Dyadic Developmental Psychotherapy 48 hour Self-Study MASTER CLASS

Approved by the Attachment-Focused  
Treatment Institute  
BECOME A CERTIFIED  
PRACTITIONER OF DYADIC  
DEVELOPMENTAL  
PSYCHOTHERAPY

Center For Family  
Development

5820 Main St., suite 406  
Williamsville, NY 14221

**716-810-0790**  
**TRAINING OUTLINE**

**SCHEDULE**

Assignments independent study occur at your pace.

A. First half

- \* Patterns of attachment
- \* Engaging and working with parents
- \* Intersubjectivity & use of self in practice
- \* Experiential components of training
- \* Components of Practice
- \* Phases of Treatment

B. Second half

- \* Differential use of components of
- \* Practice in different phases of treatment
- \* Treatment with different populations and circumstances
- \* Experiential components of training
- \* Consultation

The course covers all the required core training content for training to meet the DDPI requirements to apply for the Practicum to become a certified Attachment-Focused Therapist, Attachment-Focused Family Therapist, or Attachment-Focused Professional. Therapists may make application after completing four of the eight required assignments.

Dyadic Developmental Psychotherapy is an evidence-based, effective, and empirically validated treatment. Two follow-up studies with control groups found clinically and statistically significant reductions in symptoms of attachment disorder, aggression, anti-social behavior, thought disorders, attention problems, mood, and social relationship dysfunction. Over 80% of the children treated had previously been in treatment on three or more occasions, without any noticeable improvement. Treatment averaged 23 sessions over approximately ten months. (Arthur Becker-Weidman, Ph.D., *Child & Adolescent Social Work*, vol. 23, pp.137-171, 2006)

**CENTER FOR FAMILY DEVELOPMENT**  
**5820 Main Street, Suite 406**  
**Williamsville, NY, 14221**  
Website: [www.Center4FamilyDevelop.com](http://www.Center4FamilyDevelop.com)  
E-mail: [Aweidman@Concentric.net](mailto:Aweidman@Concentric.net)  
Phone: 716-810-0790 Fax: 716-636-6243

**SUGGESTED READING**

You will find the following list of books helpful. The first two texts are required reading. This will ensure that everyone has a solid foundation of common knowledge.

1. **Becker-Weidman, A., (2010). Dyadic Developmental Psychotherapy: Essential Methods & Practices, Jason Aronson: Lanham, MD.**
2. **Becker-Weidman, A., (2011). The Dyadic Developmental Psychotherapy Casebook. Jason Aronson: Lanham, MD.**
3. **Becker-Weidman, A., (2012). The Dyadic Developmental Psychotherapy Primer. Century Press: Williamsville, NY.**
4. Becker-Weidman, A., & Shell, D., (Eds) (2005/2011). *Creating Capacity for Attachment*, Wood 'N' Barnes: Oklahoma City, OK.
5. Becker-Weidman, A., & Shell, D., (Eds), (2010). *Attachment Parenting*. Jason Aronson: Lanham, MD.
6. Cassidy & Sahver, (Eds) (2008). *Handbook of Attachment: Theory, Research, and Clinical Applications*. Guilford Press: NY.
7. Parkes, C., Stevenson-Hinde, J., & Marris, P., (Eds) (1991). *Attachment Across the Life Cycle*. Routledge:NY.
8. Bowlby, J., (1988). *A Secure Base*. Basic Books: NY.
9. Holmes, J., (1993). *John Bowlby & Attachment Theory*. Routledge: NY.

**PURPOSE OF COURSE**

This course is for those who want to learn how to treat trauma-attachment disordered children. Participants will learn effective therapy principals for helping traumatized children. Participants will learn:

1. Initial work to determine parent readiness.
2. The components of Dyadic Developmental Psychotherapy and the phases of treatment.
3. The differential use of components in different phases of treatment.
4. Effective therapeutic techniques to use with traumatized and attachment disordered children and their families.
5. Effective parenting principals.

Participants will have the opportunity to view videotapes of actual therapy sessions with traumatized children that demonstrate therapeutic principals.

**REGISTRATION**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

Degree: \_\_\_\_\_

DAY PHONE #: (\_\_\_\_\_) \_\_\_\_\_

E-MAIL: \_\_\_\_\_

AGENCY NAME (if applicable): \_\_\_\_\_

A.:\_\_\_ B.:\_\_\_ BOTH:\_\_\_\_\_

Fee is \$550. (Groups of five or more registering at the same time as one group pay \$500 per person). A refund, minus a \$95 administrative fee per person, will be given for cancellations. No refunds will be issued beginning course. Once registered you will be provided with the necessary codes and log-in information along with readings and PowerPoint slides.

\_\_\_\_\_ **Purchase Orders & Payment by Credit Card via Pay-Pal:** include \$25 fee. Payment in full must be received prior to starting training.

**Registration fee includes workshop information packet, DVDs and 48 CEU's. CEU certificates will be issued after completing all required assignments.**

**To register send application form and check to:**

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