

ABOUT THE WORKSHOP

The workshop covers all the "Required Core Training Content" necessary to enter the practicum to become a Certified Dyadic Developmental Psychotherapy therapist. The use of SKYPE will allow remote participants to fulfill the requirements to become Certified Dyadic Developmental Psychotherapy therapists. Participants may register for the full 56 hours or for Part A or Part B alone.

The workshop uses a combination of SKYPE workshop sessions, group discussion, independent study, and case presentations.

Early deprivation, neglect, abuse, significant early health problems and hospitalizations, repeated moves, or more than one year in an orphanage can create attachment problems that require specialized treatment. Traditional forms of therapy are ineffective with attachment-disordered children. This workshop will provide the therapist and other professionals with an opportunity to learn and practice effective treatment methods for trauma-attachment disordered children.

Participants are encouraged to present videotapes of sessions.

Dyadic Developmental Psychotherapy is an evidence-based, effective, and empirically validated treatment that is grounded in current thinking and research on the etiology and treatment of Complex Trauma or Developmental Trauma Disorder and disorders of attachment. Treatment is primarily experiential and there is an important teaching element as well. Teaching parents about attachment-facilitating parenting methods and the importance of attunement and responsive, sensitive parenting is essential. Direct work with the parents regarding their own family or origin issues is another component of treatment. Finally, intensive emotional work with the child in a manner consistent with sound treatment principles is vital.

The workshop is led by Dr. Arthur Becker-Weidman, who is a certified Dyadic Developmental Psychotherapist, Certified Consultant, and Certified Trainer by the Dyadic Developmental Psychotherapy Institute.

CENTER FOR FAMILY DEVELOPMENT

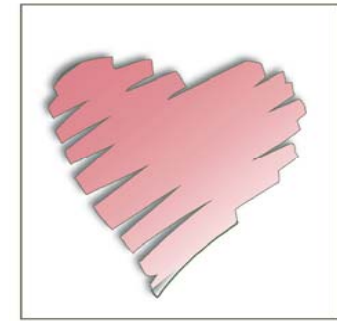
The Center For Family Development is an internationally recognized treatment and training center

specializing in helping adopted and foster families with trauma and attachment disordered children. The Center is a registered agency with the Association for Treatment and Training in the Attachment of Children.

Arthur Becker-Weidman, CSW-R Ph.D. received his doctorate in Human Development from the University of Maryland, Institute for Child Study. He achieved Diplomate status from the American Board of Psychological Specialties in Child Psychology and Forensic Psychology. He is a Vice-President, clinical, with the Association for the Treatment and Training in the Attachment of Children and President of the Dyadic Developmental Psychotherapy Institute. Art is an adjunct Clinical Professor at SUNY at Buffalo. He has published over a dozen scholarly papers and regularly presents at international and national conferences. Art consults with psychologists, social workers, marriage and family therapists and several child treatment agencies, school districts, departments of social services, and governments in the United States, Canada, Finland, Czech Republic, Slovakia, Singapore, & Australia.

EVIDENCE-BASIS FOR TREATMENT

- * Becker-Weidman, A., (2006) "Treatment for Children with Trauma-Attachment Disorders: Dyadic Developmental Psychotherapy," *Child and Adolescent Social Work Journal*. Vol. 23(2), 147-171.
- * Becker-Weidman, A., (2006) "Dyadic Developmental Psychotherapy: A multi-year Follow-up," in, New Developments In Child Abuse Research, Stanley M. Sturt, Ph.D. (Ed.) Nova Science Publishers, NY, pp. 43 – 61.
- * Becker-Weidman, A., (2007). "Treatment For Children with Reactive Attachment Disorder: Dyadic Developmental Psychotherapy," <http://www.center4familydevelop.com/research.pdf>
- * Becker-Weidman, A., & Hughes, D., (2008) "Dyadic Developmental Psychotherapy: An evidence-based treatment for children with complex trauma and disorders of attachment," *Child & Adolescent Social Work*, 13, pp.329-337.
- * Craven, P., & Lee, R., (2006) Therapeutic Interventions for Foster Children: A Systematic Research Synthesis, *Research on Social Work Practice*, 16(3):287-304.



Dyadic Developmental Psychotherapy 56 hour SKYPE MASTER CLASS

IN TWO PARTS

**Center For Family
Development**

**5820 Main St., suite 406
Williamsville, NY 14221
716-810-0790**

TRAINING OUTLINE

SCHEDULE

Starting dates and SKYPE sessions scheduled based on your availability and convenience. Assignments independent study occur at your pace.

A. 28 hour First half

- * Patterns of attachment
- * Engaging and working with parents
- * Intersubjectivity & use of self in practice
- * Experiential components of training
- * Components of Practice
- * Phases of Treatment

B. 28 hour Second half

- * Differential use of components of treatment
- * Practice in different phases of treatment
- * Treatment with different populations and circumstances
- * Experiential components of training
- * Consultation

Sections A & B cover all the required core training content for training to meet the DDPI requirements to apply for the Practicum to become a certified DDP therapist. Therapists may make application after completing section A.

Dyadic Developmental Psychotherapy is an evidence-based, effective, and empirically validated treatment. Two follow-up studies with control groups found clinically and statistically significant reductions in symptoms of attachment disorder, aggression, anti-social behavior, thought disorders, attention problems, mood, and social relationship dysfunction. Over 80% of the children treated had previously been in treatment on three or more occasions, without any noticeable improvement. Treatment averaged 23 sessions over approximately ten months. (Arthur Becker-Weidman, Ph.D., *Child & Adolescent Social Work*, vol. 23, pp.137-171, 2006)

CENTER FOR FAMILY DEVELOPMENT

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SUGGESTED READING

You will find the following list of books helpful. It is strongly recommended that you read the first two books before the workshop begins. This will ensure that everyone has a solid foundation of common knowledge.

1. **Dyadic Developmental Psychotherapy: Essential Methods & Practices, Arthur Becker-Weidman, Ph.D., Rowman, Lanham, MD, 2010.**
2. **The Dyadic Developmental Psychotherapy Casebook, Arthur Becker-Weidman, Rowman: Lanham, MD, 2011.**
3. *Creating Capacity for Attachment*, Eds., Arthur Becker-Weidman, Ph.D., Deborah Shell, MA, LCMHC, Wood 'N' Barnes, 2005/2008.
4. *Attachment Parenting*, Ed., Arthur Becker-Weidman & Deborah Shell, Rowman: Lanham, MD, 2010.
5. *Attachment-Focused Family Therapy*. Daniel Hughes, Norton, 2007.
6. *Attachment-Focused Family Therapy Workbook*, Norton: NY, 2011.
7. *Handbook of Attachment: Theory, Research, and Clinical Applications*. Edited by Jude Cassidy and Phillip Shaver. The Guilford Press, 2008.
8. *Building the Bonds of Attachment*. 2nd. Ed. Daniel Hughes, Ph.D., 2006
9. *Attachment Across the Life Cycle*. Edited by Colin Murray Parkes, Joan Stevenson-Hinde, and Peter Marris. Routledge, 1991.
10. *A Secure Base*. John Bowlby, Basic Books, NY, 1988.
11. *John Bowlby & Attachment Theory*. Jeremy Holmes, Routledge, NY, 1993.

PURPOSE OF WORKSHOP

This workshop is for therapists who want to learn how to treat trauma-attachment disordered children. Participants will learn effective therapy principals for helping traumatized children. Participants will learn:

1. Initial work to determine parent readiness.
2. The components of Dyadic Developmental Psychotherapy and the phases of treatment.
3. The differential use of components in different phases of treatment.

4. Effective therapeutic techniques to use with traumatized and attachment disordered children and their families.
5. Effective parenting principals.

Participants will have the opportunity to view videotapes of actual therapy sessions with traumatized children that demonstrate therapeutic principals and present their own video tapes or cases.

REGISTRATION

NAME: _____

ADDRESS: _____

Degree: _____

DAY PHONE #: (_____) _____

E-MAIL: _____

AGENCY NAME (if applicable): _____

A.: ___ B.: ___ BOTH: _____

Fee is \$500 (US\$) for Sections A or B and \$950 for both. A refund, minus a \$95 administrative fee, will be given for cancellations. No refunds will be issued beginning course. A \$150 deposit is required and full payment is due by the time you begin.

_____ \$500 or \$950 (U.S. \$) fee enclosed.

OR

_____ \$150 deposit enclosed, balance due before starting.

_____ Purchase Orders: include \$25 fee. Payment in full must be received prior to starting training.

Registration fee includes workshop information packet, and Certificate of Attendance for 28 or 56 CEU's.

To register send application form and check to:

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