

ABOUT THE WORKSHOP

This workshop is for professionals who have a working knowledge of attachment, how it develops, how attachment disorders develop, and a general knowledge of treatment principals and attachment theory.

Early deprivation, neglect, abuse, significant early health problems and hospitalizations, repeated moves, or more than one year in an orphanage can create attachment problems that require specialized treatment. Traditional forms of therapy are ineffective with attachment-disordered children. This workshop will provide the therapist and other professionals with an opportunity to learn and practice effective treatment methods for trauma-attachment disordered children.

Participants are encouraged to bring in videotapes of sessions or to make arrangements to have a family attend a session for a consultation with the therapist and Dr. Becker-Weidman. .

Dyadic Developmental Psychotherapy is an evidence-based treatment, effective, and empirically validated treatment that is grounded in current thinking and research on the etiology and treatment of Complex Trauma or Developmental Trauma Disorder. Treatment had an educational dimension, designed to help parents understand their child's attachment disorder: how the child feels and thinks, and the child's internal psychological dynamics. Second, teaching parents about attachment-facilitating parenting methods and the importance of attunement and responsive, sensitive parenting is essential. Direct work with the parents regarding their own family or origin issues is another component of treatment. Finally, intensive emotional work with the child in a manner consistent with sound treatment principles is vital.

The workshop is led by Dr. Arthur Becker-Weidman, who is certified by the Dyadic Developmental Psychotherapy Institute as a certified Dyadic Developmental Psychotherapist, Certified Consultant, and Certified Trainer. This workshop provides training hours that may be used by the participant to meet the required training hours necessary to become a Certified Dyadic Developmental Psychotherapist.

CENTER FOR FAMILY DEVELOPMENT

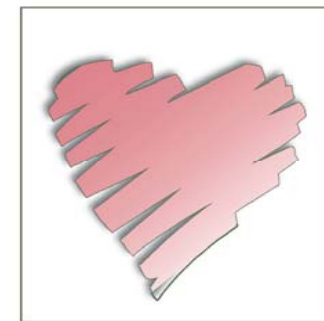
The Center For Family Development is an internationally recognized Center specializing in helping

adopted and foster families with trauma and attachment disordered children. The Center is a member of the Association for Treatment and Training in the Attachment of Children (ATTACH).

Arthur Becker-Weidman, CSW-R Ph.D. received his doctorate in Human Development from the University of Maryland, Institute for Child Study. He achieved Diplomate status from the American Board of Psychological Specialties in Child Psychology and Forensic Psychology. He is a member of the American College of Forensic Examiners. He is a Vice-President, clinical, with the Association for the Treatment and Training in the Attachment of Children and President of the Dyadic Developmental Psychotherapy Institute. Dr. Becker-Weidman is an adjunct Clinical Professor at SUNY at Buffalo. Dr. Becker-Weidman has published over a dozen scholarly papers and presented at numerous national, regional, and local professional meetings. Dr. Becker-Weidman consults with several child treatment agencies, school districts, and departments of social services in the United States, Canada, and overseas (Finland, Czech Republic, Singapore, & Australia.)

EVIDENCE-BASIS FOR TREATMENT

- * Becker-Weidman, A., (2006) "Treatment for Children with Trauma-Attachment Disorders: Dyadic Developmental Psychotherapy," *Child and Adolescent Social Work Journal*. Vol. 23(2), 147-171.
- * Becker-Weidman, A., (2006) "Dyadic Developmental Psychotherapy: A multi-year Follow-up," in, New Developments In Child Abuse Research, Stanley M. Sturt, Ph.D. (Ed.) Nova Science Publishers, NY, pp. 43 – 61.
- * Becker-Weidman, A., (2007). "Treatment For Children with Reactive Attachment Disorder: Dyadic Developmental Psychotherapy," <http://www.center4familydevelopment.com/research.pdf>
- * Becker-Weidman, A., & Hughes, D., (2008) "Dyadic Developmental Psychotherapy: An evidence-based treatment for children with complex trauma and disorders of attachment," *Child & Adolescent Social Work*, 13, pp.329-337.
- * Craven, P., & Lee, R., (2006) Therapeutic Interventions for Foster Children: A Systematic Research Synthesis, *Research on Social Work Practice*, 16(3):287-304.



Dyadic Developmental Therapy (An attachment-based therapy) **MASTER CLASS**

**Training for Therapists in
the Treatment of Children
with Trauma-Attachment
Problems**

2010

**Center For Family
Development**

**5820 Main St., suite 406
Williamsville, NY 14221
716-810-0790**

TRAINING OUTLINE

2010

Center For Family Development
5820 Main Street, suite 406
Williamsville, NY 14221

[I-90 to Exit 49; north, left, on Transit Rd (RT 78);
West, left, on Main St. (RT 5)] see website for map
716-810-0790

SCHEDULE

A Six-month 42-hour Master Class.

10:00 am– 5:00 pm, March 27, 2019 – August
28 (3/27, 4/24, 5/22, 6/26, 7/24, 8/28). The
schedule may be adjusted if all the participants
agree, so contact the office for the most current
schedule. Limited to 7 professionals.

OUTLINE

Evaluation & parenting preparation.

First session, beginnings, attunement, and managing
resistance.

Neurobiology of interpersonal experience

Middle phase issues & psychodrama

Facilitating parent-child attachment

Complex Post Traumatic Stress Disorder.

Ending phase issues.

The treatment presented has demonstrated
effectiveness. A follow-up study (see our website)
clinically and statistically significant reductions in
symptoms of attachment disorder, aggression, anti-social
behavior, thought disorders, attention problems, mood,
and social relationship dysfunction. Over 80% of the
children treated had previously been in treatment on
three or more occasions, without any noticeable
improvement. Dyadic Developmental Psychotherapy
produced measurable and stable improvements.
Treatment averaged 23 sessions over approximately ten
months. (Arthur Becker-Weidman, Ph.D., *Child &
Adolescent Social Work*, vol. 23, pp.137-171, 2006)

CENTER FOR FAMILY DEVELOPMENT

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Williamsville, NY, 14221

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Phone: 716-810-0790 Fax: 716-636-6243

SUGGESTED READING

You will find the following list of books helpful. It is strongly recommended that you read the first book before the workshop begins. This will ensure that everyone has a solid foundation of common knowledge.

1. **Creating Capacity: Dyadic Developmental Psychotherapy in the Treatment of Trauma-Attachment Disorders**, Eds., Arthur Becker-Weidman, Ph.D., Deborah Shell, MA, LCMHC, Wood 'N' Barnes, 2005.
2. Handbook of Attachment: Theory, Research, and Clinical Applications. Edited by Jude Cassidy and Phillip Shaver. The Guilford Press, 2008.
3. Building the Bonds of Attachment. 2nd. Ed. Daniel Hughes, Ph.D., 2006
4. Attachment Across the Life Cycle. Edited by Colin Murray Parkes, Joan Stevenson-Hinde, and Peter Marris. Routledge, 1991.
5. A Secure Base. John Bowlby, Basic Books, NY, 1988.
6. John Bowlby & Attachment Theory. Jeremy Holmes, Routledge, NY, 1993.
7. Attachment-Focused Family Therapy. Daniel Hughes, Norton, 2007.

PURPOSE OF WORKSHOP

This workshop is for therapists who want to learn how to treat trauma-attachment disordered children. Participants will learn effective therapy principals for helping traumatized children. Participants will learn:

1. Initial assessment and treatment planning.
2. Beginning, middle, and ending phase interventions.
3. Developing attunement and maintaining attunement.
4. Practical implications of the relationship between neurobiology and attachment.
5. Effective therapeutic techniques to use with traumatized and attachment disordered children.
6. Effective parenting principals.

Participants will have the opportunity to view videotapes of actual therapy sessions with traumatized children that demonstrate therapeutic principals, present their own video tapes or bring in a client for a consultation, and view live therapy sessions.

REGISTRATION

NAME: _____

ADDRESS: _____

Degree: _____

DAY PHONE #: (_____) _____

E-MAIL: _____

AGENCY NAME (if applicable): _____

Nature of current practice/prior experience and training and previous workshops attended: _____

Fee is \$875 (US\$). A refund, minus a \$95 administrative fee, will be given for cancellations prior to February 15, 2010. No refunds will be issued after 2/15 unless another participant is able to fill the slot (minus \$95 fee).

_____ **\$875 (U.S. \$) fee enclosed.**

OR

_____ **\$275 deposit enclosed, balance due by 3/15/10.**

_____ **Purchase Orders:** include \$25 fee. Payment totaling \$900 must be received by 3/15/10, \$950 due after 3/15/10.

Registration fee includes workshop information packet and Certificate of Attendance for 42 CEU's. **To register send application form and check to:**

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